

Invitation from ASQ Charleston Section February 22, 2022 Virtual Meeting

DATE:

**Tuesday,
February 22, 2022**

This is a virtual/online meeting. Log-in information will be provided on the registration confirmation email.

Time:

3:00 pm – 4:30 PST
(check website to confirm time)

Cost: Free for ASQ members and non-members

To register for this online/virtual meeting, click [here](#).

Attendance at this meeting earns 0.5 RUs toward ASQ recertification.

NOTE: Be sure to use the same email address to join the virtual meeting as you use when registering in order to receive the RUs. You must register for the event and join virtually to receive RUs.

For more information about the Charleston ASQ Section 1122, click [here](#).

For more information about our local Columbia Basin ASQ section and future upcoming events: www.asq614.org/

Creating a Healthy Work Environment



Susan L. Johnson, PhD

Director of Health Promotion, Assistant Professor, College of Health Professions, Medical University of South Carolina

The daily working environment is one of the most important factors influencing employees' levels of happiness and motivation in their jobs. As the pandemic pushed companies to address health and safety issues and reconfigure workplaces to prevent infection, they also grappled with how to address the pandemic's toll on employees' physical and mental health.

In addition, after spending months at home during the crisis, workers became more aware of what they want from their work and workplace. They have new expectations of their employers and workplaces, including more flexibility in where and how they will work.

For these reasons, many organizations are now understanding that the key to creating and sustaining a high-performing organization is establishing a healthy work environment. A healthy workplace is one where both employees and management work together to promote healthy actions and behaviors to keep everyone safe and well.

This presentation will share current trends and strategies to support a thriving workforce, regardless of the setting with practical tips for staying healthy and well at work.

About the speaker: Susan Johnson, PhD, is the Director of Health Promotion at the Medical University of South Carolina (MUSC). She received her undergraduate degree from UNC Charlotte, master's degree from The Citadel and Ph.D. from the University of South Carolina. She is also founder and CEO of Vimcity, LLC, a worksite wellness firm, and co-founder and director of the South Carolina Healthy Business Challenge. Prior to joining MUSC, Dr. Johnson held faculty appointments at Duke University, Charleston Southern, and the Citadel. In her current position, she provides leadership in the development of a comprehensive and collaborative approach to promoting health to students, employees, patients, and the external community. Her work at MUSC has also been recognized through multiple prevention awards and publications, both locally and nationally.